



Age Advancement Policy

The intent of this Policy is to clarify when it is appropriate to have a player age advanced in a higher tier and/or age group.

POLICY

The FC Northwest Age Advancement Policy is based on the FCNW's Developmental Philosophy and Pathway. The policy reflects a development first approach, as well as one which ensures club culture. If a player is not being challenged in their respective age group, a decision can be made by FCNW's Technical Director to move a player up for a season (Indoor/Outdoor) for individual development purposes only. The player under consideration for age advancement will be assessed using the Canada Soccer Association (CSA) Four Corners of Development model. The player under consideration will need to excel in all four areas to be considered for age advancement. The selection of a player for age advancement purposes will ONLY be supported by FC Northwest if the player meets these guidelines.

Players that are currently age advanced:

- Will be asked annually on age to ensure that they still meet the criteria.
- U8's playing U9's will play two years at U9, unless asked and deemed eligible to be age advanced

Banding age groups to form teams and MSA Cup are separate to this policy.

Physical development, which emphasizes soccer-specific fitness so that players can meet the physical demands of every position at the highest levels of the game, while at the same time preventing injuries

PHYSICAL



Mental development, which allows a player to directly impact their personal performances in training and matches by learning to cope effectively under pressure

MENTAL



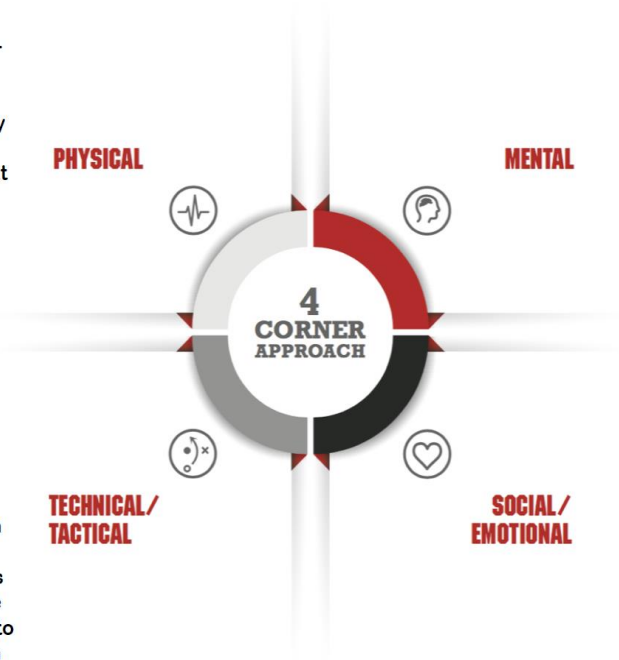
Technical/Tactical development, which takes process-oriented approach to developing players who can execute technical skills proficiently under pressure and with tactical flexibility to adapt to any top opposition

**TECHNICAL/
TACTICAL**



Social/emotional development, which has an indirect impact on a player's performance and the performance of others through leadership, communication and other skills that promote culture of growth and high performance

**SOCIAL/
EMOTIONAL**



The decision of the Technical Director shall be final, there will be no appeals.