



**FC Northwest Letter of Commitment –
Developmental (DL) and Premier 1 and 2 Divisions**

As a player in the FCNW Program, I understand the following to be the guidelines both for my own development as an individual player and the team as a whole:

- It is expected that players need to attend training sessions on a regular basis.
- It is expected that players arrive at least 10 minutes prior to the scheduled training session so that training may begin on time.
- It is expected that players need to arrive 30 minutes prior to games in order to properly warm-up and to receive the instructions from the coach.
- It is expected that if players are going to absent from a training session or game that the coach will be notified as soon as possible.
- It is understood that if players are absent from practices and/or games for a continued period of time, their position on the team may come under review by the Developmental Staff or the Premier Director.
- It is understood that the coaching staff is responsible for the direction on how and where players will perform their role on the team.
- It is understood that players are not permitted to play or practice, under penalty of suspension, as a guest player for another team or club without the written permission from the FCNW Club Head Coach.
- I have read and agree to abide by all FCNW policies as listed on the website.
- I have read and understand both the Player and Parent Codes of Conduct.
- I have read the above guidelines and agree to abide by them.

Dated: _____

Player name printed: _____

Player name signed: _____

Parent name printed: _____

Parent name signed: _____