



# FC NORTHWEST FALL & WINTER PROSPECTS SESSIONS



**This Years prospects will take place at WSF North!!!**

The sessions will be focusing on essential elements for the player’s development.

- Individual Skills Development: Dribbling, Feinting; Ball Control on the ground/air, short/long passing; Heading and Shooting.
- Tactical Behavior: 1v1 Attacking/Defending; Behavior off the Ball – creating space, creating passing opportunities; Transition – attack to defence and defence to attack; Building Play – inter passing, zone defence and finishing
- Fundamentals of Proper Technique for running

**GROUPS WILL BE MADE ACCORDING TO SKILL LEVEL**

<b>Block 1</b>	Thursday	18-Oct	4:45 PM - 6:00 PM	WSF North
	Wednesday	24-Oct	4:45 PM - 6:00 PM	WSF North
	Thursday	01-Nov	4:45 PM - 6:00 PM	WSF North
	Wednesday	07-Nov	4:45 PM - 6:00 PM	WSF North
	Wednesday	14-Nov	4:45 PM - 6:00 PM	WSF North
	Wednesday	21-Nov	4:45 PM - 6:00 PM	WSF North
	Wednesday	28-Nov	4:45 PM - 6:00 PM	WSF North
	Wednesday	05-Dec	4:45 PM - 6:00 PM	WSF North

<b>Block 2</b>	Wednesday	16-Jan	4:45 PM - 6:00 PM	WSF North
	Wednesday	23-Jan	4:45 PM - 6:00 PM	WSF North
	Wednesday	30-Jan	4:45 PM - 6:00 PM	WSF North
	Wednesday	06-Feb	4:45 PM - 6:00 PM	WSF North
	Wednesday	13-Feb	4:45 PM - 6:00 PM	WSF North
	Wednesday	20-Feb	4:45 PM - 6:00 PM	WSF North
	Wednesday	27-Feb	4:45 PM - 6:00 PM	WSF North
	Wednesday	06-Mar	4:45 PM - 6:00 PM	WSF North

**Location:** WSF North – 770 North Leila

**Cost:**

**Block 1- \$160.00**

**Block 2- \$160.00**

**Both Sessions- \$300.00**

*Prospect uniforms are required at all training sessions, players who DO NOT have the jersey, shorts and socks, will be required to purchase the clothing.*

For inquires contact [gm@fcnorthwest.com](mailto:gm@fcnorthwest.com)